DHCS Behavioral Health Forum
Wednesday,
January 7 in Sacramento

The Department of Health Care Services (DHCS) Mental Health and Substance Use Disorder Services invites you to join us on Wednesday, January 7, 2015, for the next Behavioral Health Forum meeting. The January Forum meeting will explore a variety of high priority issues within each of the Forum groups listed above. The Forum meeting is organized into five smaller Forums, each of which focuses on a specific set of priority issues:

- Client and Family Member (Open to All Stakeholders) Forum
- Strengthen Specialty Mental Health and Drug Medi-Cal County Programs and Delivery Systems (Strengthening) Forum
- Coordinated and Integrated Systems of Care for MHSUDS and Medical Care (Integration) Forum
- Coordinated and Useful Data Collection, Utilization, and Evaluation of Outcomes (Data) Forum
- Cost Effective and Simplified Fiscal Models (Fiscal) Forum
The Behavioral Health Forum provides key stakeholders, including clients and family members, with updates regarding critical policy and programmatic issues impacting public mental health and substance use disorder services (MHSUDS).

MEETING LOCATION AND WEBINAR INFORMATION:
1500 Capitol Avenue, Auditorium, Sacramento, CA 95814

Participants may also choose to join via webinar/conference call. Please register for the webinar. Link: https://www1.gotomeeting.com/register/873343121

After registering, you will receive a confirmation email containing information about joining the Webinar.

Upcoming Mental Health Services Oversight and Accountability Commission (MHSOAC) Meetings

MHSOAC Client and Family Leadership Committee meeting Dec. 17

Client and Family Leadership Committee Workgroup: Explore Outreach to Clients not Achieving Recovery (followed by full committee meeting) December 17, 2014 9:30 AM to 11:00 AM and 12:00 Noon to 3:00 PM at the MHSOAC offices, 1325 J Street, Suite 1700, Sacramento, CA 95814. The call-in Number is 866-817-6533 and the participation Code is 1189021.

Find the agenda for both meetings HERE.

MHSOAC Commission Meeting Dec. 18

On the Commission agenda will be Prevention and
Early Intervention regulations and Innovations regulations.

Commission Meeting: December 18, 2014, 8:30 AM - 3:30 PM, at the MHSOAC offices, 1325 J Street, Suite 1700, Sacramento, CA 95814. The call-In number is 866-817-6550 and the participant Code is 3190377.

For the full agenda and materials have yet to be published, but they will be available at this link: [http://www.mhsoac.ca.gov/Meetings/Meetings_Commission.aspx](http://www.mhsoac.ca.gov/Meetings/Meetings_Commission.aspx)

The MHSOAC is in the process of developing Prevention and Early Intervention (PEI) regulations. The Commission faces a particularly difficult decision on the definition and measurement regarding the duration of untreated mental illness.

A special workgroup has been convened to address the issue. The charge of this workgroup is to develop method(s) to measure the duration of untreated mental illness to recommend to the MHSOAC for inclusion in the proposed Prevention and Early Intervention regulation Section 3750.

At issue are when to begin the measurement, what information the counties gather, and the extent that family would participate in the process.

The meeting will be held on Thursday, December 11, 2014 from 10:00 am - 4:00 pm at the MHSOAC offices, 1325 J Street, Suite 1700, Sacramento. The call-in Number is 1-866-817-6550 and the participant Code is 3190377.

The agenda for the meeting can be found [here](http://www.mhsoac.ca.gov/Meetings/Meetings_Commission.aspx).

Important Upcoming
Each Mind Matters 7th International "Together Against Stigma" Conference Feb. 17-20 in San Francisco

The 7th International "Together Against Stigma" Conference will be held February 17-20, 2015 in San Francisco. This conference will be the first to be hosted in the United States and underscores the fact that stigma of mental health challenges is not exclusive to any one country or culture: it is pervasive, encountered at all levels of society, institutions, among families and within the healthcare profession itself.

Follow this LINK for more information:

Early Bird Registration Closes Dec. 12, 2014 Register by 12/12/2014 and the price is $475.00, if after then it is $550.00

NAMI California Programs Training News

NAMI FAMILY PROGRAMS TRAININGS: These are also posted on http://namifamily.blogspot.com
Note: These trainings are for family members to become teachers of the education programs listed below. Support group trainings are for family members to become facilitators of a support group.

- Family to Family: January 16-18, 2015 Encino, California (Cancelled)
- Basics: January 23-25, 2015 Ontario, California
- Family Support Group: February 6-8, 2015 Chico, California
- Family Support Group: March 20-22, 2015 San Diego, California
- Family to Family: March 20-22, 2015 San Diego, California
- Family to Family: April 17- April 19, 2015 Bakersfield, California
- Family to Family: May 15-17, 2015 Vacaville, California
- Basics: May 15-17, 2015 Vacaville, California

There are also Family to Family/Basics trainings offered by the LACC (NAMI Los Angeles County). Please contact Brittney Weissman for further details: brittney@namilaccc.org

For all other trainings above, or to apply for a grant to hold a training for your affiliate, please contact Lynn Cathy, Lynn@namica.org

**NAMI PEER PROGRAMS TRAININGS:**

Please Note:
Until a new Peer Coordinator is in place, Peer Programs announcements will also be posted on the [http://namifamily.blogspot.com](http://namifamily.blogspot.com)
These trainings are for peer members to become teachers (mentors) of the education programs listed below.

- Peer to Peer: Fresno, January 23-25, 2015
- Peer to Peer: Fairfield, February 20-22, 2015
- Peer to Peer: Campbell, April 24-26, 2015
- Peer to Peer: San Diego, May 15-17, 2015
- Persona a Persona: Ontario, March 37-29, 2015

Grants will be available to NAMI California affiliates to put on their own trainings for the Connection (i.e. support group) and Peer to Peer programs after January 1, 2015. Please contact Lynn Cathy, Interim Peer Coordinator, for more information.

**NAMI on Campus High School:** We are launching NAMI on Campus High School (NCHS) this Fall! NCHS is a student-led club that promotes mental health and wellness. Our first two trainings in Contra Costa (11/13) and Placer County (11/18) were a huge success! Please contact Kelly Boyles at kelly@namica.org for more information.

**Send inquiries to:**

- Family Programs - Lynn@namica.org
- IOOV, Peer to Peer and Connection - Lynn@namica.org (Interim Coordinator)
- Parents and Teachers as Allies, Ending the Silence, NAMI on Campus, Provider Education - Kelly@namica.org
- Directing Change - Lauren@namica.org
- Programs Director, Beth Wolf (Larkins)- Beth@namica.org

**NAMI California Office:** 916-567-0163

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**NAMI California News**

**Students Are Invited to Submit their Films to Help Others and Win Prizes!**
Students throughout California are invited to Direct Change by submitting 60-second films in two categories: "Suicide Prevention" and "Ending the Silence about Mental Illness". The winning teams and their associated schools will win prizes, receive mental health or suicide prevention programs for their schools, get to participate in a meeting with state legislators on these topics, and attend the award ceremony at the end of the 2014-15 school year. Visit the campaign website for contest rules and information: [www.directingchange.org](http://www.directingchange.org).

Submission Deadlines: February 1, 2015.

Want to stay updated with all things Directing Change? Subscribe to [The Advocate: Directing Change Newsletter](mailto:lauren@namica.org) for breaking news about legislation or NAMI California program and events.

Check [https://www.facebook.com/namicalifornia](https://www.facebook.com/namicalifornia) for breaking news about Directing Change and monthly educational films about topics on mental health and suicide prevention.

Check Facebook for Breaking News!

Contact Us

1851 Heritage Lane, Ste 150