NAMI CA State Conference Coming Soon!

Friday and Saturday, August 21-22, 2015 in Newport Beach

You can get a Super Early Bird Discount Now which ends January 31st.

You can get more information here.

If you have any questions, please contact Eugenia

NAMI California Programs Training News

NAMI CA FAMILY TRAININGS:

Note: These trainings are for family members to become teachers of the education programs listed below. Support group trainings are for family members to become facilitators of a support group.

- Family to Family: January 16-18, 2015
This Week's Contents

NAMI CA Conference Announcements
NAMI CA Program News
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Encino, California (Cancelled)
• Basics: January 23-25, 2015 Ontario, California
• Family Support Group: February 6-8, 2015 Chico, California
• Family Support Group: March 20-22, 2015 San Diego, California
• Family to Family: March 20-22, 2015 San Diego, California
• Family to Family: April 17- April 19, 2015 Bakersfield, California
• Family to Family: May 15-17, 2015 Vacaville, California
• Basics: May 15-17, 2015 Vacaville, California

There are also Family to Family/Basics trainings offered by the LACC (NAMI Los Angeles County). Please contact Brittney Weissman for further details: brittney@namilaccc.org

For all other trainings above, or to apply for a grant to hold a training for your affiliate, please contact Lynn Cathy, Lynn@namica.org

NAMI PEER PROGRAMS TRAININGS:

These trainings are for peer members to become teachers (mentors) of the education programs listed below.

• Peer to Peer: Fresno, January 23-25, 2015
• Peer to Peer: Fairfield, February 20-22, 2015
• Peer to Peer: Campbell, April 24-26, 2015
• Peer to Peer: San Diego, May 15-17, 2015
• Persona a Persona: Ontario, March 37-29, 2015

Grants will be available to NAMI California affiliates to put on their own trainings for the Connection (i.e. support group) and Peer to
Peer programs after January 1, 2015. Please contact Lynn Cathy, Interim Peer Coordinator, for more information.

NAMI on Campus High School: We are launching NAMI on Campus High School (NCHS) this Fall! NCHS is a student-led club that promotes mental health and wellness. Our first two trainings in Contra Costa (11/13) and Placer County (11/18) were a huge success! Please contact Kelly Boyles at kelly@namica.org for more information.

Send inquiries to:

- Family Programs - Lynn@namica.org
- IOOV, Peer to Peer and Connection - Lynn@namica.org (Interim Coordinator)
- Parents and Teachers as Allies, Ending the Silence, NAMI on Campus, Provider Education - Kelly@namica.org
- Directing Change - Lauren@namica.org
- Programs Director, Beth Wolf (Larkins) - Beth@namica.org

NAMI California Office: 916-567-0163

Important Upcoming Events and Conferences Around California and Online

Each Mind Matters 7th International "Together Against Stigma" Conference Feb. 17-20 in San Francisco

The 7th International "Together Against Stigma" Conference will be held February 17-20, 2015 in San Francisco. This conference will be the first to be hosted in
the United States and underscores the fact that stigma of mental health challenges is not exclusive to any one country or culture: it is pervasive, encountered at all levels of society, institutions, among families and within the healthcare profession itself.

Follow this [LINK](#) for more information:

Early Bird Registration Closes Dec. 12, 2014 Register by 12/12/2014 and the price is $475.00, if after then it is $550.00

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**NAMI CAN**

**NAMI CA Regional Meeting Thursday, January 22nd, 2015 in Mountain View**

NAMI California will be holding a regional meeting scheduled on Thursday, January 22nd, 2015 at the El Camino Hospital Mountain View at 2500 Grant Road, Mountain View, CA. The meetings are held from 9:30 am until 3:05 pm and will include Santa Clara and surrounding counties.

The NAMI Regional Meetings are an effort we make, with the support of the Mental Health Services Oversight and Accountability Commission and the County Behavioral Health Directors Association, to facilitate cooperation between area affiliates and county mental health departments. These meetings have two parts: first, a NAMI Smarts for Advocacy Training open to affiliate members and county partners who may be interested, second, a panel presentation from county mental health departments, followed by a facilitated discussion between counties and NAMI affiliates.

The morning session trains NAMI affiliate members and other interested parties in "Telling You Story". "Telling Your Story" guides the participant through writing and delivering a concise and compelling version of their story that will serve as the springboard for local advocacy.
This is followed by a panel presentation from county mental health departments on the successes and challenges of service delivery under the MHSA. Counties are offered the opportunity to share what their strategies are for addressing mental health services in their areas, what future programs are being developed, and how NAMI affiliates and NAMI CA can contribute.

This panel is followed by a facilitated discussion between county representatives and NAMI affiliates. Together they address what needs are being met, what needs are not being meet, and how they both can collaborate. These sessions are vital for building relationships and enhancing communication.

Breakfast, lunch and all materials will be provided.

We are currently working with NAMI Santa Clara as your host for the event. Please consider attending the regional meeting, and explore with your county mental health department as to whether they might participate as well.

Please mark your calendars now and R.S.V.P. to david@namica.org to reserve your seat at this important, informative meeting!

We look forward to making this meeting a meaningful event.

**Meeting Materials Published for Upcoming Mental Health Services Oversight and Accountability (MHSOAC) Commission, Client and Family Leadership (CFLC) Committee Meetings**

Supporting materials for MHSOAC Commission and CFLC meetings have been published. You may find supporting documents for the MHSOAC Commission meeting [HERE](#).

You may find supporting documents for the CFLC meeting [HERE](#).

Commission Meeting - December 18, 2014, 8:30 AM - 3:30 PM
60 Minutes Segment on Mental Health Parity

This past Sunday 60 Minutes aired a segment on how many people are denied treatment for their mental health issues. It's important to know that your rights with mental health parity allow for coverage for mental health issues. You can view the segment [here](#). It is the very first segment of the show.

NAMI California News

Students Are Invited to Submit their Films to Help Others and Win Prizes!

Students throughout California are invited to Direct Change by submitting
60-second films in two categories: "Suicide Prevention" and "Ending the Silence about Mental Illness". The winning teams and their associated schools will win prizes, receive mental health or suicide prevention programs for their schools, get to participate in a meeting with state legislators on these topics, and attend the award ceremony at the end of the 2014-15 school year. Visit the campaign website for contest rules and information: www.directingchange.org.

Submission Deadlines: February 1, 2015.

Want to stay updated with all things Directing Change? Subscribe to The Advocate: Directing Change Newsletter! The Newsletter features updates about Directing Change and monthly educational films about topics on mental health and suicide prevention.

DVDs of the 2014 finalists and promotional flyers are available upon request. Please contact Lauren Hee at lauren@namica.org or 916-567-0163

Check Facebook for Breaking News!

Check https://www.facebook.com/namicalifornia for breaking news about legislation or NAMI California program and events.

Contact Us

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