NAMI CA State Conference Coming Soon!

Friday and Saturday, August 21-22, 2015 in Newport Beach

You can get a Super Early Bird Discount Now which ends January 31st.

You can get more information here.

If you have any questions, please contact Eugenia

There's still time to join this year's film contest. The Directing Change Student Film Contest has extended the submission deadline to midnight PST February 16, 2015!

Students throughout California are invited to Direct Change by submitting 60-second films in two categories: "Suicide Prevention" and "Ending the Silence about Mental Illness". The winning teams and their associated schools will win prizes, receive mental health or suicide prevention programs for their schools, get to participate in a meeting with state legislators on these topics, and attend the award ceremony at the end of the 2014-15 school year. Visit the
Submission Deadlines: February 16, 2015.

Want to stay updated with all things Directing Change? Subscribe to The Advocate: Directing Change Newsletter! The Newsletter features updates about Directing Change and monthly educational films about topics on mental health and suicide prevention.

DVDs of the 2014 finalists and promotional flyers are available upon request. Please contact Lauren Hee at lauren@namica.org or 916-567-0163.
NAMI CAN

NAMI CA Regional Meeting Thursday, January 22nd, 2015 in Mountain View

NAMI California will be holding a regional meeting scheduled on Thursday, January 22nd, 2015 at the El Camino Hospital Mountain View at 2500 Grant Road, Mountain View, CA. The meetings are held from 9:30 am until 3:05 pm and will include Santa Clara and surrounding counties.

The NAMI Regional Meetings are an effort we make, with the support of the Mental Health Services Oversight and Accountability Commission and the County Behavioral Health Directors Association, to facilitate cooperation between area affiliates and county mental health departments. These meetings have two parts: first, a NAMI Smarts for Advocacy Training open to affiliate members and county partners who may be interested, second, a panel presentation from county mental health departments, followed by a facilitated discussion between counties and NAMI affiliates.

The morning session trains NAMI affiliate members and other interested parties in "Telling Your Story". "Telling Your Story" guides the participant through writing and delivering a concise and compelling version of their story that will serve as the springboard for local advocacy.

This is followed by a panel presentation from county mental health departments on the successes and challenges of service delivery under the MHSA. Counties are offered the opportunity to share what their strategies are for addressing mental health services in their areas, what future programs are being developed, and how NAMI affiliates and NAMI CA can contribute.
This panel is followed by a facilitated discussion between county representatives and NAMI affiliates. Together they address what needs are being met, what needs are not being met, and how they both can collaborate. These sessions are vital for building relationships and enhancing communication.

Breakfast, lunch and all materials will be provided.

We are currently working with NAMI Santa Clara as your host for the event. Please consider attending the regional meeting, and explore with your county mental health department as to whether they might participate as well.

Please mark your calendars now and R.S.V.P. to david@namica.org to reserve your seat at this important, informative meeting!

We look forward to making this meeting a meaningful event.

**Important Upcoming Events and Conferences Around California and Online**

**Each Mind Matters 7th International "Together Against Stigma" Conference Feb. 17-20 in San Francisco**

The 7th International "Together Against Stigma" Conference will be held February 17-20, 2015 in San Francisco. This conference will be the first to be hosted in the United States and underscores the fact that stigma of mental health challenges is not exclusive to any one country or culture: it is pervasive, encountered at all levels of society, institutions, among families and
within the healthcare profession itself.

Follow this [LINK](#) for more information:

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**NAMI California Programs**

**Training News**

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**NAMI CA FAMILY TRAININGS:**

Note: These trainings are for family members to become teachers of the education programs listed below. Support group trainings are for family members to become facilitators of a support group.

- Family to Family: January 30 - February 1, 2015 Chico, California
- Basics: January 23-25, 2015 Ontario, California
- Family Support Group: February 6-8, 2015 Chico, California
- Family Support Group: March 20-22, 2015 San Diego, California
- Family to Family: March 20-22, 2015 San Diego, California
- Family to Family: April 17- April 19, 2015 Bakersfield, California
- Family to Family: May 15-17, 2015 Vacaville, California
- Basics: May 15-17, 2015 Vacaville, California
There are also Family to Family/Basics trainings offered by the LACC (NAMI Los Angeles County). Please contact Brittney Weissman for further details: brittney@namilaccc.org

For all other trainings above, or to apply for a grant to hold a training for your affiliate, please contact Lynn Cathy, Lynn@namica.org

**NAMI PEER PROGRAMS TRAININGS:**

These trainings are for peer members to become teachers (mentors) of the education programs listed below.

- Peer to Peer: Fresno, January 23-25, 2015 *(Full)*
- Peer to Peer: Fairfield, February 20-22, 2015
- Peer to Peer: Campbell, April 24-26, 2015
- Peer to Peer: San Diego, May 15-17, 2015
- Persona a Persona: Ontario, March 37-29, 2015

**Grants applications for NAMI California affiliates to put on their own trainings for Family and Peer Programs are being accepted now.** The due date is February 2nd. Please visit the affiliate login section of the NAMI California website for application information or contact Lynn Cathy, State Family to Family Coordinator and Interim Peer Coordinator. lynn@namica.org

**NAMI on Campus High School:**
We’ve Successfully launched our NAMI on Campus High School (NCHS)! NCHS is a student-led club that promotes mental health and wellness. Please contact Kelly Boyles at kelly@namica.org for more information.

**Send inquiries to:**

- **Family Programs and Peer Programs** - [Lynn@namica.org](mailto:Lynn@namica.org)
- **Parents and Teachers as Allies, Ending the Silence, NAMI on Campus, Provider Education** - [Kelly@namica.org](mailto:Kelly@namica.org)
- **Directing Change** - [Lauren@namica.org](mailto:Lauren@namica.org)
- **Programs Director, Beth Wolf** (Larkins)- [Beth@namica.org](mailto:Beth@namica.org)

**NAMI California Office:** 916-567-0163
Check Facebook for Breaking News!

Check [https://www.facebook.com/namicalifornia](https://www.facebook.com/namicalifornia) for breaking news about legislation or NAMI California program and events.

**Contact Us**

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