You’re invited to the World Premiere of "A Choice to Heal - Mental Health in California" Narrated by Mariel Hemingway!

Kevin Hines, who jumped off the Golden Gate Bridge and Survived, Hosts this World Premiere Evening

The Mental Health Services Oversight and Accountability Commission (MHSOAC) invites you to join them for the premiere of the documentary "A Choice to Heal-Mental Health in California" at 6 p.m. Wednesday, May 21, 2014, at the Crest Theatre in Sacramento in commemoration of May Mental Health Awareness Month.

This documentary, hosted by actress Mariel Hemingway and sponsored by the Mental Health Services Oversight and Accountability Commission, will air on CBS stations in California on May 31, 2014. The documentary details California’s groundbreaking approach to the prevention and early intervention of mental illness-an approach that is at the forefront of changing and improving the nation’s mental health care system.

Speaker Kevin Hines will host the premiere at the Crest. Kevin has a very powerful story; in 2000, he tried to kill himself by jumping off the Golden Gate Bridge. He now reaches millions as he travels globally teaching others the importance of suicide prevention and mental health awareness. His book, Cracked Not Broken, is in its 13th
As part of Mental Health Awareness Month, NAMI California participated in Mental Health Matters Day on May 13th. Mental Health Matters Day brought together leaders and visionaries from all over the state to share ideas, tools and resources for reducing stigma and raising awareness of mental health.

The day's festivities began with a rally which included a dynamic speaking program and resource booths hosted by mental health and community-based organizations across California and approximately 1,500 attendees filled the South Lawn of California's Capitol Building in Sacramento. Two of NAMI California's Board members, Amanda Lipp and Chief Kenton Rainey, were key figures at the event speaking on issues relating to reducing stigma and discrimination and how NAMI California can help families and individuals in need.

From the rally, the attendees marched on Capitol Mall. The march ended at Raley Field where the Sacramento River Cats played the Mental Health Matters High School Day baseball game.

**Directing Change Award Ceremony**

To culminate the Mental Health Matters Day festivities, hundreds of Californians gathered at The Crest Theater in downtown Sacramento to attend the Directing Change Award Ceremony and Video Screening. This inspiring event recognized and honored the student filmmakers who participated in the Directing Change Contest and announced the statewide winners.

The guest speakers included Fox hit T.V. series Glee,
director Bradley Buecker, and film T.V. actor Max Adler. The night ended with a meet-and-greet with the student filmmakers.

All regional winners can be found at: http://www.directingchange.org/contest-winners-finalists/

**Family Programs Trainings:**

**Family to Family Training** (Full)
May 30-June 1, 2014 Elk Grove, CA

Watch for information on trainings for the next fiscal year to be posted on this Weekly Report.

NAMI Family Program news is also posted on Facebook.

Check out the NAMI Family Programs Blog for up-to-date announcements: http://namifamily.blogspot.com

**Peer and Stigma Reduction Programs Trainings:**

Peer-to-Peer
June 20 - 22, 2014 - Ventura (Full)

**Parents and Teachers /Provider Education Trainings**
- None currently scheduled

**Send inquiries to:**

- Family Programs - Lynn.Cathy@namicalifornia.org
- IOOV, Peer to Peer and Connection - Stephenie.Gardella@namicalifornia.org
- Parents and Teachers as Allies, Ending the Silence, NAMI on Campus, Provider Education - Kelly.Boyles@namicalifornia.org
- Directing Change - Lauren.Hee@namicalifornia.org
- Programs Director, Beth Larkins - Beth.Larkins@namicalifornia.org
NAMI California Office: 916-567-0163

NAMI Can!

RSVP For MHSOAC Forum May 29 in Redding CA
The Mental Health Services Oversight and Accountability Commission’s (MHSOAC’s) Client and Family Leadership Committee and Cultural and Linguistic Competence Committee are holding a Mental Health Services Act (MHSA) Community Forum in Shasta County on May 29, 2014. The forum will be held at the Red Lion Hotel Redding, 1830 Hilltop Drive, Redding, CA from 3:00 to 6:30 PM.

The purpose of this Community Forum is to have a community discussion on the progress and impact of the MHSA in Shasta and Superior California counties. This is an important outreach effort for the MHSOAC, and area NAMI affiliates are encouraged to attend. Attendees are asked to RSVP to: mhsoac@mhsoac.ca.gov in order to have an estimated number of people who plan to attend.

May 22 MHSOAC Commission Meeting Agenda and Materials Posted

The Mental Health Services Oversight and Accountability Commission (MHSOAC) Commission meeting will be held on May 22 from 8:30 AM - 4:30 PM at the MHSOAC headquarters on 1325 J Street, Suite 1700, Sacramento, CA.

The agenda and supporting documents for the Commission meeting has been posted to the MHSOAC meetings page and may be accessed directly by clicking on this link: http://www.mhsoac.ca.gov/Meetings/Meetings.aspx

The Call-in Number for the meeting is 866-817-6550 and the Participation Code is 3190377

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