The Directing Change Video program is a statewide competition where high school and UC students take action against suicide and end the stigma of mental illness by creating 60-second public service announcements. Directing Change is part of statewide efforts to prevent suicide, reduce stigma and discrimination related to mental illness, and to promote the mental health and wellness of students. The submission deadline for the 2014-2015 school year is February 1st, 2015. Visit www.directingchange.org for more details.

A total of 432 films, representing 996 students from 112 high schools and 9 University of California campus locations and 31 counties, were received during the 2013-2014 school year. DVDs of the 2013-2014 finalists are available upon request while supplies last. For more details, contact Lauren Hee at Lauren@namica.org or 916-567-0163. All PSAs are also available for download at www.directingchange.org.
NAMI California Programs Training News

NAMI FAMILY PROGRAMS TRAININGS:

- Spanish de Familia a Familia: October 24-26, 2014 in Sacramento, California
- Family to Family: November 7-11, 2014 Fresno, California
- Basics: January 23-25, 2015 Santa Ana, California
- Family Support Group: February 6-8, 2015 Chico, California
- Family Support Group: March 20-22, 2015 San Diego, California
- Family to Family: March 20-22, 2015 San Diego, California
- Family to Family: April 17- April 19, 2015 Bakersfield, California
- Family to Family: May 15-17, 2015 Vacaville, California
- Basics: May 15-17, 2015 Vacaville, California

There will also be a Family to Family training offered by the LACCC (NAMI Los Angeles County). It will be held in Malibu, California on December 12-14th, 2014. For more information, please email Sharon Dunas at ssdunas@aol.com

Grants will also be available to NAMI California affiliates desiring to put on their own trainings. Please contact Lynn Cathy at Lynn@namica.org for further details.

The above trainings are also posted on the NAMI Family Blog: http://namifamily.blogspot.com

NAMI PEER PROGRAMS TRAININGS:

- Connection: Sacramento. October 18-19, 2014
Grants are available to NAMI California affiliates to put on their own trainings for the Connection and Peer to Peer programs. Please contact Stephenie Gardella at Stephenie@namica.org for more information.

See also our Family Programs blog for updates, news etc. at http://namifamily.blogspot.com

Send inquiries to:

- **Family Programs** - Lynn@namica.org
- **IOOV, Peer to Peer and Connection** - Stephenie@namica.org
- **Parents and Teachers as Allies, Ending the Silence, NAMI on Campus, Provider Education** - Kelly@namica.org
- **Directing Change** - Lauren@namica.org
- **Programs Director, Beth Wolf (Larkins)** - Beth@namica.org

NAMI California Office: 916-567-0163

NAMI CAN

**Mark Your Calendar: NAMI CA Regional Meeting Monday October 20 in Stockton**

NAMI California will be holding a Regional Meeting on Monday, October 20th at the San Joaquin County Mental Health Services, 1212 N California St, Stockton, CA. The meetings are held from 9:30am to 3:05pm and will include the counties of San Joaquin, Tuolumne and Calaveras.

The NAMI Regional Meetings are an effort we make, with the support of
the Mental Health Services Oversight and Accountability Commission and the County Mental Health Directors Association, to facilitate cooperation between area affiliates and county mental health departments. These meetings have two parts: first, a NAMI Smarts for Advocacy Training open to affiliate members and county partners who may be interested, second, a panel presentation from county mental health departments, followed by a facilitated discussion between counties and NAMI affiliates.

The morning session trains NAMI affiliate members and other interested parties in "Telling You Story". "Telling Your Story" guides the participant through writing and delivering a concise and compelling version of their story that will serve as the springboard for local advocacy.

This is followed by a panel presentation from county mental health departments on the successes and challenges of service delivery under the MHSA. Counties are offered the opportunity to share what their strategies are for addressing mental health services in their areas, what future programs are being developed, and how NAMI affiliates and NAMI CA can contribute.

This panel is followed by a facilitated discussion between county representatives and NAMI affiliates. Together they address what needs are being met, what needs are not being meet, and how they both can collaborate. These sessions are vital for building relationships and enhancing communication.

Breakfast, lunch and all materials will be provided.

Please consider attending the regional meeting, and explore with your county mental health department as to whether they might participate as well. Mark your calendars now and R.S.V.P. to david@namica.org to reserve your seat at this important training and informational meeting!

We look forward to making this meeting a meaningful event.

Department of Health Care Services
Stakeholder Engagement Initiative Survey

The Department of Health Care Services (DHCS) is committed to effective stakeholder engagement.
Together we can improve Medi-Cal and fulfill the vision of the Triple Aim of improving patient experience of care, health outcomes and reducing overall costs. Your input and participation is essential to help us achieve our mission, vision, and core values, to ensure that policy and operational decisions are developed with the best available information.

The Department would like your input on existing stakeholder efforts as well as recommendations to improve future stakeholder forums and communication. Thank you for taking the time to complete the survey. The results will be compiled and shared as part of our stakeholder engagement initiative.

The survey can be completed anonymously, but you are welcome to identify yourself or your organization by including that information in the final comment box.

Please complete this survey by September 19, 2014. If you need or prefer to receive this survey in an alternate format, or have any questions please contact Phoebe Sadler at Phoebe.Sadler@dhcs.ca.gov or (916) 650-0250.

Find the survey by clicking here.

The Mental Health Services Oversight and Accountability Commission (MHSOAC) has posted the proposed changes in Prevention and Early Intervention (PEI) Regulations Sections, 3705 through 3735 and Addition of Sections 3701 and 3702.

The 15-Day comment period has begun and ends September 26th, during which time they will accept comment on the proposed changes. Of special note is the Prevention program exclusion for counties with populations under 200,000 -Section 3705(a)(3)(a)

Direct links to the 15-Day comment period documentation are available here.

Scroll down to the bottom of the page on the link above to see links to the 15-Day Notice of Modifications and 15-Day Modified Text.

"Together Against Stigma: Each Mind Matters" Annual Conference Coming Soon!
Please also mark your calendars for this very important conference coming soon February 17-20th. Training for consumers, family members and other mental health advocates.

Details are here:  http://www.mhsoac.ca.gov/Laws_Regs/PEI.aspx

The 2014 Crisis Intervention Team International Annual Conference

Also mark your calendars for this important conference to be held OCTOBER 13-15, 2014 in Monterey, CA. Conference website: www.citconferences.org

Check Facebook for Breaking News!

Check https://www.facebook.com/namicalifornia for breaking news about legislation or NAMI California program and events.

Contact Us

1851 Heritage Lane, Ste 150
Sacramento, CA 95815
Phone: 916-567-0163
Fax: 916-567-1757
Email: newsletter@namicalifornia.org