NAMI California Programs News

Directing Change Program: PSA Submission Deadline is February 1st, 2015

The Directing Change Student Video program is a statewide competition where high school and UC students take action against suicide and end the stigma of mental illness by creating 60-second public service announcements. Directing Change is part of statewide efforts to prevent suicide, reduce stigma and discrimination related to mental illness, and to promote the mental health and wellness of students. The submission deadline for the 2014-2015 school year is February 1st, 2015. Visit www.directingchange.org for more details.

A total of 432 films, representing 996 students from 112 high schools and 9 University of California campus locations and 31 counties, were received during the 2013-2014 school year. DVDs of the 2013-2014 finalists are available upon request while supplies last. For more details, contact Lauren Hee at Lauren@namica.org or 916-567-0163. All PSAs are also available for download at www.directingchange.org.
NAMI California Programs Training News

NAMI FAMILY PROGRAMS TRAININGS:

- Spanish de Familia a Familia: October 24-26, 2014 in Sacramento, California
- Family to Family: November 21-23, 2014 Fresno, California
- Basics: January 23-25, 2015 Santa Ana, California
- Family Support Group: February 6-8, 2015 Chico, California
- Family Support Group: March 20-22, 2015 San Diego, California
- Family to Family: March 20-22, 2015 San Diego, California
- Family to Family: April 17-19, 2015 Bakersfield, California
- Family to Family: May 15-17, 2015 Vacaville, California
- Basics: May 15-17, 2015 Vacaville, California

There will also be a Family to Family training offered by the LACCC (NAMI Los Angeles County). It will be held in Malibu, California on December 12-14th, 2014. For more information, please email Sharon Dunas at ssdunas@aol.com

Grants will also be available to NAMI California affiliates desiring to put on their own trainings. Please contact Lynn Cathy at Lynn@namica.org for further details.

The above trainings are also posted on the NAMI Family Blog: http://namifamily.blogspot.com

NAMI PEER PROGRAMS TRAININGS:

- Connection: Sacramento, October 18-19, 2014
- Peer to Peer: Fresno, January 23-25, 2015
- Peer to Peer: Fairfield, February 2015 (Weekend TBD)
- Peer to Peer: Campbell, April 2015 (Weekend TBD)
- Peer to Peer: San Diego, May 15-17, 2015
- Persona a Persona: Date and Time TBD
Grants are available to NAMI California affiliates to put on their own trainings for the Connection and Peer to Peer programs. Please contact Stephenie Gardella at Stephenie@namica.org for more information.

See also Family Programs blog for updates, news etc. http://namifamily.blogspot.com

Send inquiries to:

- Family Programs - Lynn@namica.org
- IOOV, Peer to Peer and Connection - Stephenie@namica.org
- Parents and Teachers as Allies, Ending the Silence, NAMI on Campus, Provider Education - Kelly@namica.org
- Directing Change - Lauren@namica.org
- Programs Director, Beth Wolf (Larkins) - Beth@namica.org

NAMI California Office: 916-567-0163

NAMI CAN

NAMI CA Regional Meeting Monday October 20 in Stockton
NAMI California has finalized our Regional Meeting schedule for 2014-2015. We will be holding a regional meeting scheduled on Monday, October 20th at the San Joaquin County Mental Health Services, 1212 N California St, Stockton, CA. The meetings are held from 9:30am to 3:05pm and will include the counties of San Joaquin, Tuolumne and Calaveras.

The NAMI Regional Meetings are an effort we make, with the support of the Mental Health Services Oversight and Accountability Commission and the County Mental Health Directors Association, to facilitate cooperation between area affiliates and county mental health departments. These meetings have two parts: first, a NAMI Smarts for Advocacy Training open to affiliate members and county partners who may be interested, second, a panel presentation from county mental health departments, followed by a facilitated discussion between counties and NAMI affiliates.

The morning session trains NAMI affiliate members and other interested parties in "Telling Your Story". "Telling Your Story" guides the participant through writing and delivering a concise and compelling version of their story that will serve as the springboard for local advocacy.

This is followed by a panel presentation from county mental health departments on the successes and challenges of service delivery under the MHSA. Counties are offered the opportunity to share what their strategies are for addressing mental health services in their areas, what future programs are being developed, and how NAMI affiliates and NAMI CA can contribute.

This panel is followed by a facilitated discussion between county representatives and NAMI affiliates. Together they address what needs are being met, what needs are not being meet, and how they both can collaborate. These sessions are vital for building relationships and enhancing communication.

Breakfast, lunch and all materials will be provided.

*Please mark your calendars now and R.S.V.P. to*
david@namica.org to reserve your seat at this important, informative meeting!

We look forward to making this meeting a meaningful event.

Check Facebook for Breaking News!

Check https://www.facebook.com/namicalifornia for breaking news about legislation or NAMI California program and events.

Contact Us

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