Who is NAMI?

NAMI on Campus is part of the NAMI family, the nation’s largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental health conditions. NAMI advocates for access to services, treatment, supports and research and is steadfast in its commitment to raising awareness and building a community of hope for everyone.

www.nami.org/namioncampus

Tackling mental health issues on campus.

To learn more, contact us:
What is NAMI on Campus?

Our club works to end stigma, to make it ok to seek help, to make sure everyone knows how to help a friend and to ensure our campus is a welcoming place for everyone.

Whether you have a mental health condition or want to make a difference in the lives of others, join us as we create a positive, supportive environment for all students.

Mental Health Conditions are Common

- More students are coming to college with mental health conditions.
- 1 in 4 college students lives with a mental health condition.
- More than 30 percent of students have felt so depressed in the past year that it was difficult to function.
- More than 50 percent of students have felt overwhelming anxiety, making it hard to succeed academically.
- Stigma remains a huge barrier to getting help.
- Suicide is a major concern on college campuses.

What do we do?

Our NAMI on Campus club hosts informative and fun events and works with other student and academic organizations on campus to promote mental wellness and reduce the stigma around mental health conditions. We raise awareness about mental health, its impact and add the student voice to the mental health movement.

Join our club and begin making a difference today! Work with us so that the campus community knows that mental health matters!

That’s where we come in!